



## The Chick \$8.69 480-1485 Cal.

Choose a **Scoop or Sandwich\*** of Chicken Salads or Pimento Cheese & More

Plus one of:

**Side Item** (Upgrade to Seasonal Salad +\$1.00)

**Cup of Soup**

**Scoop** (Chicken Salads or Pimento Cheese & More)

\*Excludes Signature Sandwiches

\*All meals include a pickle spear & cookie. Scoops also include crackers.



Add a drink for only **+\$1.99**

**Make it a Trio! +\$2.00** Add any one scoop, side, or cup of soup.

## Our Famous Chicken Salads

### Traditional

**Classic Carol 400 Cal.** GF

All white meat, shredded chicken, finely minced celery, mayonnaise, & our secret seasoning.

**Olivia's Old South 380 Cal.** GF

A southern tradition combining sweet pickles & egg.

### Savory

**Lauryn's Lemon Basil 390 Cal.** GF

Our brightest flavor featuring chopped pecans, fresh basil, & lemon.

**Dixie Chick 370 Cal.** GF

An onion-lover's delight! The only one with onions.

**Sassy Scotty 450 Cal.** GF

A zesty blend of ranch, bacon, & shredded cheddar cheese.

**Barbie-Q 390 Cal.** GF

A hickory smoked BBQ flavor that is sure to please.



### Fruity & Nutty

**Fancy Nancy 410 Cal.** GF

Dress it up with Fuji apples, seedless grapes, & pecans.

**Fruity Fran 340 Cal.** GF

A refreshing blend of Fuji apples, seedless grapes, & pineapple.

**Cranberry Kelli 460 Cal.** GF

A mixture of dried, sweetened cranberries, & slivered almonds.

### Spicy

**Buffalo Barclay 390 Cal.** GF

Craving wings? This is definitely the choice for you.

**Jalapeño Holly 370 Cal.** GF

Whew!! The name says it all, diced jalapeños galore.

**Kickin' Kay Lynne 380 Cal.** GF

This flavor powerhouse is a combination of buffalo sauce, ranch, bacon, shredded cheddar cheese, jalapeños, & Sriracha!

## Pimento Cheese & More

**Pimento Cheese 570 Cal.** GF V

A blend of freshly grated sharp cheddar & pepper jack cheeses combined with just a smidge of our creamy house dressing.

**Egg Salad 250 Cal.** GF V

A classic egg salad with eggs, sweet pickles, & mayonnaise.

**Spicy Pimento Cheese 560 Cal.** GF V

A blend of freshly grated sharp cheddar & pepper jack cheeses combined with jalapenos & just a smidge of our creamy house dressing.



V = Vegetarian GF = Gluten Free

\*\*\*Our products are prepared in-house where allergens may be present.

## Salads, Sides & Soups

**All Sides \$2.99**

**Broccoli Salad 170 Cal.** GF

Fresh broccoli florets tossed in a sweet vinegar-based dressing with shredded mozzarella & cheddar cheeses, topped with crispy bacon.

**Grape Salad 150 Cal.** GF V

Red & white seedless grapes covered in a sweet cream cheese mixture, topped with brown sugar & crushed pecans.

**Pasta Salad 250 Cal.** V

Tri-color rotini pasta in an Italian-based dressing with feta & parmesan cheeses, black olives, & artichoke hearts.

**Fresh Fruit 80 Cal.** GF V

Chilled, freshly cut strawberries, blueberries, & red and white seedless grapes.

**Mac 'n Cheese 350 Cal.**

Elbow macaroni in a creamy sauce made with a three cheese blend and a touch of spice.



### Green Salads

**Classic Salad \$8.69**

370-490 Cal. GF

Your choice of any scoop, served atop a bed of our spring lettuce blend with grape tomatoes & cucumbers.

**Seasonal Salad \$3.99**

210-280 Cal. GF

Our seasonal side salad features fresh greens & the season's freshest fruits, cheeses, & crunchy toppings.

### Dressings

Our Signature Poppy Seed 110 Cal. Italian, Ranch, Honey Mustard 60-200 Cal.

### Signature Soups

Ask about our Soups of the Day! 110-410 Cal.

**Cup \$3.49**

**Bowl \$5.49**

**Quart \$13**



## Signature Sandwiches \$9.69

Served on your choice of flaky croissant, traditional white or wheatberry bread. Includes your choice of any Side, Cup of Soup or Scoop. Add another for only \$2 more.

**Chicken Salad BLT 885-1565 Cal.**

Your choice of any chicken salad with crispy bacon, fresh lettuce, & sliced tomato.

**Pimento Cheese BLT 1100-1660 Cal.**

Our traditional or spicy pimento cheese, crispy bacon, fresh lettuce, & sliced tomato.



**Turkey Club 820-1380 Cal.**

Oven roasted turkey breast, crispy bacon, provolone, honey mustard, fresh lettuce, & sliced tomato.

**Turkey Pesto 770-1330 Cal.**

Oven roasted turkey breast, provolone, fresh lettuce, sliced tomato, & pesto mayonnaise.

### Try it Toasted!

### Thirsty?

Iced Tea, Fresh Lemonades & Coca-Cola Products 0-420 Cal.

Medium \$1.99

Large \$2.49

### Sweet Treats V

Buttercream Frosted Flower Cookie 170 Cal. \$ 1.99

### Quick Chick

Chicken Salad, Pimento Cheese, & Egg Salad

Small \$6.99

(feeds 2-3)

Large \$11.99

(feeds 4-5)

### little chicks

Children 10 years & under

\$6.29

MAC 'N CHEESE 350 Cal.

TURKEY SANDWICH 240 Cal.

PB&J UNCRUSTABLE 210 Cal.

SCOOP OF CHICKEN SALAD 340-460 Cal.



\*\*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.