



# The Chick \$7.99

Choose a Scoop or Sandwich\* of Chicken Salads or Pimento Cheese & More

Plus one of:

**Side Item** (Upgrade to Seasonal Salad +\$1.00)

**Cup of Soup** (+\$0.50)

**Scoop** (Chicken Salads or Pimento Cheese & More)

\*Excludes Signature Sandwiches

\*\*All meals include a pickle spear & cookie. Scoops also include crackers.



Add a drink for only \$1.99

412-1590 Cal.

**Make it a Trio! +\$2.50** Add any one scoop, side, or cup of soup.

\*\*2,000 calories a day is used for general nutrition advice, but calorie needs vary.

## Our Famous Chicken Salads

### Traditional

**Classic Carol 400 Cal.** GF

All white meat, shredded chicken, finely minced celery, mayonnaise, & our secret seasoning.

**Olivia's Old South 380 Cal.** GF

A southern tradition combining sweet pickles & egg.

### Savory

**Lauryn's Lemon Basil 400 Cal.** GF

Our brightest flavor featuring chopped pecans, fresh basil, & lemon.

**Dixie Chick 380 Cal.** GF

Our "most offensive salad" definitely for the onion lover.

**Sassy Scotty 430 Cal.** GF

A zesty blend of ranch, bacon, & shredded cheddar cheese.

**Barbie-Q 400 Cal.** GF

A hickory smoked BBQ flavor that is sure to please.



### Fruity & Nutty

**Fancy Nancy 390 Cal.** GF

Dress it up with Fuji apples, seedless grapes, & pecans.

**Fruity Fran 370 Cal.** GF

A refreshing blend of Fuji apples, seedless grapes, & pineapple.

**Cranberry Kelli 450 Cal.** GF

A mixture of dried, sweetened cranberries, & slivered almonds.

### Spicy

**Buffalo Barclay 390 Cal.** GF

Craving wings? This is definitely the choice for you.

**Jalapenõ Holly 370 Cal.** GF

Whew!! The name says it all, diced jalapeños galore.

**Kickin' Kay Lynne 420 Cal.** GF

This flavor powerhouse is a combination of buffalo sauce, ranch, bacon, shredded cheddar cheese, jalapeños, & Sriracha!

## Pimento Cheese & More

**Pimento Cheese 570 Cal.** GF V

A blend of freshly grated sharp cheddar & pepper jack cheeses combined with just a smidge of our creamy house dressing.

**Egg Salad 250 Cal.** GF V

A classic egg salad with eggs, sweet pickles, & mayonnaise.

**Spicy Pimento Cheese 520 Cal.** GF V

A blend of freshly grated sharp cheddar & pepper jack cheeses combined with jalapenos & just a smidge of our creamy house dressing.



V = Vegetarian GF = Gluten Free

\*\*Additional nutrition information available upon request.

\*\*\*Our products are prepared in-house where allergens may be present.

## Salads, Sides & Soups

### All Sides \$2.99

**Broccoli Salad 209 Cal.** GF

Fresh broccoli florets tossed in a sweet vinegar-based dressing with shredded mozzarella & cheddar cheeses, topped with crispy bacon.

**Grape Salad 138 Cal.** GF V

Red & white seedless grapes covered in a sweet cream cheese mixture, topped with brown sugar & crushed pecans.

**Pasta Salad 313 Cal.** V

Tri-color rotini pasta in an Italian-based dressing with feta & parmesan cheeses, black olives, & artichoke hearts.

**Fresh Fruit 52 Cal.** GF V

Chilled, freshly cut strawberries, blueberries, & red and white seedless grapes.

**Mac 'n Cheese 360 Cal.**

Elbow macaroni in a creamy sauce made with a three cheese blend and a touch of spice.



### Green Salads

**Classic Salad \$8.49**

390-600 Cal. GF

Your choice of any scoop, served atop a bed of our spring lettuce blend with grape tomatoes & cucumbers.

**Seasonal Salad \$4.99**

110-190 Cal. GF

Our seasonal side salad features fresh greens & the season's freshest fruits, cheeses, & crunchy toppings.

### Dressings

Our Signature Poppy Seed 170 Cal.  
Italian, Ranch, Honey Mustard 60-260 Cal.

### Signature Soups

Ask about our Soups of the Day!  
240-360 Cal.

**Cup \$3.49**

**Bowl \$5.99**

**Quart \$15**



## Signature Sandwiches \$8.99

Served on your choice of flaky croissant, traditional white or wheatberry bread. Includes your choice of any Side, Cup of Soup or Scoop. Add another for only \$2 more.

**Chicken Salad BLT 690-830 Cal.**

Your choice of any chicken salad with crispy bacon, fresh lettuce, & sliced tomato.

**Pimento Cheese BLT 590-950 Cal.**

Our traditional or spicy pimento cheese, crispy bacon, fresh lettuce, & sliced tomato.



**Turkey Club 530-640 Cal.**

Oven roasted turkey breast, crispy bacon, provolone, honey mustard, fresh lettuce, & sliced tomato.

**Turkey Pesto 630-740 Cal.**

Oven roasted turkey breast, provolone, fresh lettuce, sliced tomato, & pesto mayonnaise.

### Try it Toasted!

### Thirsty?

**Iced Tea, Fresh Lemonade & Coca Cola Products**  
0-130 Cal.

**Medium \$1.99**

**Large \$2.49**

### Sweet Treats V

**Buttercream Frosted Flower Cookie** \$ 1.99  
170 Cal.

### Quick Chick

**Chicken Salad, Pimento Cheese, & Egg Salad**

**Small \$6.99**

(feeds 2-3)

**Large \$10.99**

(feeds 4-5)

## little chicks

Children 12 years & under

**\$6.99**

**MAC 'N CHEESE**  
360 Cal.

**TURKEY SANDWICH**  
321 Cal.

**PB&J SANDWICH**  
460 Cal.

**SCOOP OF CHICKEN SALAD**  
360-570 Cal.



\*\*1,200-1,400 calories a day is used for general nutrition advice for children ages 4-8 years, but calorie needs vary.